

MhIST – Publicity & Promotions Volunteer

30 Chorley New Road
Bolton
BL1 4AP
Tel: 01204 527200

WHEN REQUIRED

MhIST require volunteer publicity and promotions volunteers all year round

AREA OF INTEREST

Mental Health

TYPE OF ACTIVITY

Promotional awareness of MhIST and its services, volunteering opportunities and mental health in general.

RECRUITMENT METHOD

Application form, Induction training, Police checks, References, Interview, Trial Period

VOLUNTEER ROLE

Active promotion of MhIST and its services in a voluntary capacity using a variety of methods e.g. leaflets drops, staffing display/promotion stands, forming links with other organisations/agencies, delivering presentations etc.

- . Promotion of MhIST and its services using a variety of approaches
- . Reduce stigma of mental health through information and active participation
- . Increase awareness of mental health and how it may affect a person's life
- . Encourage minority groups to become more involved in volunteering at MhIST
- . Help to break down cultural barriers and understanding of mental health through promotion
- . Help in the recruitment of volunteers
- . Promoting how becoming a volunteer helps not only service users but also the volunteers own personal and professional development.
- . Source new avenues to explore in relation to recruitment using a variety of means i.e. internet searches

SKILLS AND QUALIFICATIONS

There are no specific qualifications required; however volunteer publicity & promotions volunteers should be confident and relaxed in what they do. They should demonstrate a friendly and approachable manner and be able to pass on information to people who are interested in MhIST, its services, volunteering opportunities and mental health awareness in general, either as a lone worker or working alongside other staff. As such this opportunity would ideally suit enthusiastic, chatty, outgoing sorts of people with good communication skills both directly and on the telephone.

MORALS.

Here at MhIST it is essential that all volunteers have a positive outlook and approach to people who identify with mental health issues or problems.

Above all else we require people to be approachable, warm, friendly, non judgemental and empathic, and to be able to abide by our rules on confidentiality.

AGE/GENDER RESTRICTIONS

16+ No Gender restrictions

DISABLED ACCESS

There are steps to the front door and the toilets are situated on the first floor.

EQUAL OPPORTUNITIES POLICY

Yes

EXPENSES

All out of pocket expenses will be paid

INDUCTION

MhIST delivers its own in-house training which covers:

An overview of MhIST, the organisation, MhIST policies and procedures, MhIST services, mental health awareness (overview), boundaries, confidentiality, perceptions and stereotypes, active listening, empowerment/disempowerment, personal safety, communication, anti-discriminatory practice and support options for all volunteers.

INSURANCE COVER

Yes

TRAINING

Further training will be provided as and when necessary.

DIRECTIONS

MhIST is situated at the Bolton end of Chorley New Road opposite the entrance to Bolton Hospice and approximately 300 metres from Landmark House Surgery/Chemist.

Bus Numbers: 575, 505, 617.